



Location	Day	Time	Class
Caledonian Health Centre 358 Netherton Road G13 1AX	Wednesday	10:00am	Gym Explorers II
		11:00am	Gym Runners
		11:45am	OPEN GYM
		12:30pm	Gym Babies
		1:30pm	Gym Crawlers/Walkers
Caledonian Health Centre (Address as above)	Thursday	10:00am	Gym Runners*
		11:00am	Gym Explorers*
		11:45am	OPEN GYM
Caledonian Health Centre (Address as above)	Friday	10:00am	Gym Runners/Explorers I
		10:50am	Gym Runners
		11:35am	OPEN GYM
		12:15pm	Gym Explorers II
		1:15pm	Gym Crawlers/Walkers
Caledonian Health Centre (Address as above)	Saturday	9:00am	Gym Walkers/Runners
		10:00am	Gym Runners
		11:00am	Gym Crawlers/Walkers
		12:00am	Gym Explorers II
		12:45pm	OPEN GYM

Open gyms are play sessions of 45 minutes costing £1.00 for members and £4.00 for non-members.
 *TBC= this class is to be confirmed please call before coming along for this class.

CONTACT US NOW TO BOOK YOUR FREE TRIAL

07955757251

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For directions to Caledonian Health and Fitness Centre please follow the link
 at www.gymboree-uk.com